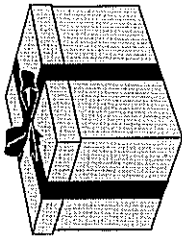


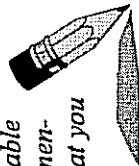
HAPPY HOLIDAYS!

- ◆ Buy greeting cards and wrapping paper made from recycled paper.
- ◆ Save wrapping paper, bows and boxes and use them again.
- ◆ Wrap box tops and bottles separately so when they're reused, they're already wrapped.
- ◆ Make your own wrapping paper from brown paper, old maps and Sunday comics.
- ◆ Buy a live tree and plant it in your backyard after the holidays.
- ◆ Recycle your Christmas cards by sending them to St. Jude's Ranch for Children, P.O. Box 985, Boulder City, Nevada 89005.



USE YOUR CONSUMER POWER!

As a consumer, you wield considerable influence with retailers and manufacturers. Write to them and suggest that they use less packaging and that they put more emphasis on recycled and recyclable materials. When a company is environmentally responsible, write and tell them that you appreciate it, and to keep up the good work!



Last but not least, support your local, state and federal government officials in their efforts to promote alternatives to waste disposal. Let them know that we need more laws that encourage recycling, reuse and waste reduction.

When it comes to waste reduction, the tips contained in this pamphlet are just the tip of the iceberg. Use your imagination, and you'll find dozens of other ways. You'll also see that waste reduction is one of the easiest ways to help reduce waste and save money.

In addition to this brochure, GLOW has compiled information about recycling, composting, household hazardous waste, environmental shopping, etc. Please call the GLOW office at

(800) 836-1154

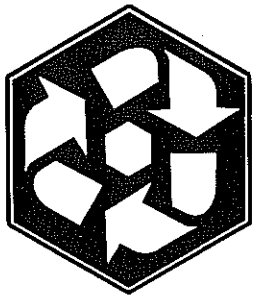
GLOW

Be Creative!



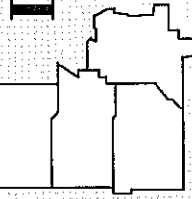
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REDUCE REUSE RECYCLE!

Genesee



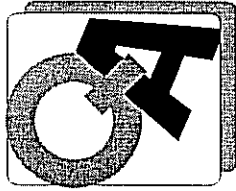
Livingston

Orleans

Wyoming

GLOW Region Solid Waste Management Committee

WE'VE BECOME A "THROWAWAY SOCIETY"



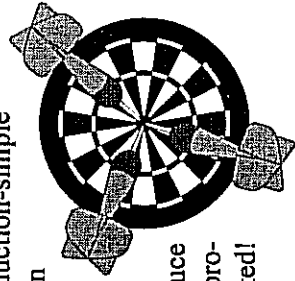
It's true. As our lives have become busier and more hectic, we've developed bad purchasing habits. Convenience items like single-serving foods, single-use products and non-refillable packaging are being purchased more often because they are easier to use.

But convenience comes at a high price—namely, overloaded landfills and soaring disposal costs. Worse yet, these items promote a "throwaway" attitude, one that says it's easier to just throw something away than to fix it or find another use for it.

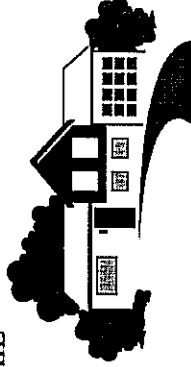
But what can one person do to change things?

HUNDREDS OF WAYS TO HIT THE MARK BY RECYCLING!

You can decrease the amount of trash you generate by practicing waste reduction—simple suggestions that will result in longer lives for our landfills and lower disposal costs for everyone. You'll find there are hundreds of ways to produce less waste. The tips in this brochure will help you get started!

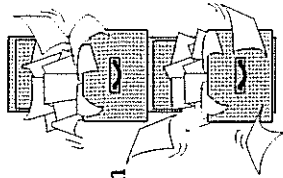


- ◆ Recycle where possible, and encourage friends and neighbors to do the same.
- ◆ Start a compost pile for yard wastes (leaves, grass clippings, brush, etc.) and even kitchen waste (fruit and vegetable scraps, egg shells, coffee grounds, etc.)
- ◆ Share magazines and newspapers.
- ◆ Reduce the amount of Junk Mail you receive by having your name deleted from direct mailing lists. Call the GLOW office to receive your STOP JUNK MAIL postcard today.



- ◆ Use cloth diapers instead of disposables.
- ◆ Use rechargeable batteries.
- ◆ Save and reuse containers, boxes, envelopes and packaging materials.
- ◆ Reuse aluminum foil.
- ◆ Donate clothing, shoes, furniture and toys to charity. If clothes are in poor condition, use them as rags.
- ◆ Buy durable, quality appliances that can be repaired and/or serviced to extend their lives.
- ◆ Rent or borrow seldom-used items whenever possible.
- ◆ Use broken concrete and bricks for walkways, patios and rough retaining walls.
- ◆ Have garage sales for unwanted household items.
- ◆ Return hangers to your dry cleaner.

IT'S OFF TO WORK WE GO...



- ◆ Start an office recycling program and encourage participation.
- ◆ Use scrap paper for notepads.
- ◆ Replace foam cups with reusable ceramic or plastic coffee mugs.
- ◆ Keep eating utensils at work for take-out lunches.
- ◆ Eliminate unnecessary forms, reports and publications.
- ◆ Circulate one memo to co-workers instead of distributing separate memos to each individual.
- ◆ Print and photocopy on both sides of a sheet of paper whenever possible.
- ◆ Purchase office products made from recycled and recyclable materials.
- ◆ Purchase white writing and printing papers, because colored paper is more difficult to recycle.

SHOPPING WISE...

- ◆ "Pre-cycle" by choosing recycled and recyclable products, and products in recycled and recyclable containers.
- ◆ Utilize reusable bags when shopping. For small purchases, don't use a bag at all!
- ◆ Buy products in bulk to avoid excessive packaging.
- ◆ Avoid purchasing food in single serving, disposable containers.
- ◆ Avoid purchasing paper, foam or plastic disposable dinnerware.
- ◆ Avoid disposable items such as razors, lighters and flashlights.
- ◆ Buy beverages in glass and refillable, in refillable containers.

